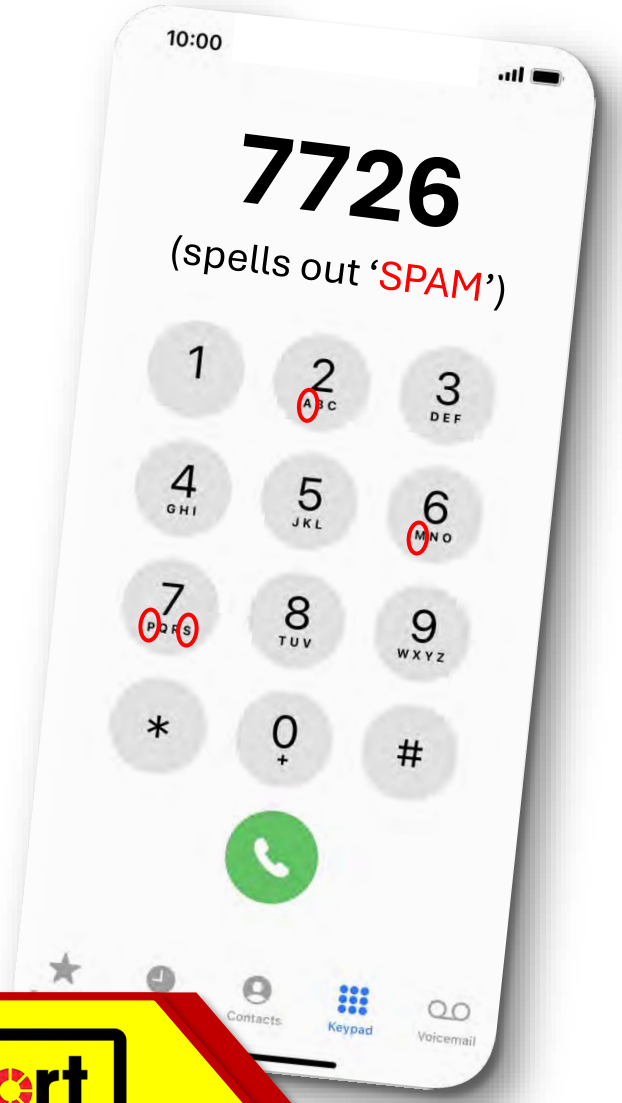
Protect yourself from (online) fraud & cyber crime

Resources, advice and further reading inside!



Always report scam emails, texts, websites, adverts & phone calls

- **Forward suspicious emails to report@phishing.gov.uk**
- **Forward scam texts to 7726** (handy tip: 7726 spells out SPAM on a phone keypad)
- **Report suspicious phone calls:** text 7726 with the word 'CALL', followed by the caller's number
- **Report fake/scam websites and adverts, visit:** reportfraud.police.uk



Lost money or been hacked after responding to a phishing email, text message, phone call, advert, social media post or website? Report it at reportfraud.police.uk or call 0300 123 2040.

Report Fraud

Call 0300 123 2040
reportfraud.police.uk

National Cyber Security Centre

STOP! THINK FRAUD
NATIONAL CAMPAIGN AGAINST FRAUD

- For personalised cyber security advice, and more - search for:
  - 'Personalised Action Plan' (individuals) on **ncsc.gov.uk**
  - 'NCSC Cyber Action Toolkit' (businesses) on **ncsc.gov.uk**
- Fraud and scam prevention tips:
  - **stopthinkfraud.campaign.gov.uk**

GET SAFE ONLINE

internet matters.org

UK Safer Internet Centre

Help your child stay safe online

NSPCC

- Online safety resources for accounts, devices, gaming, parental controls, shopping, banking and more.

getsafeonline.org / **saferinternet.org.uk**
nspcc.org.uk / **internetmatters.org** / **kidsonlinesafety.campaign.gov.uk**

Pwned

- Check if your email has been exposed in a data breach or leaked online.
- Sign up to be notified when your email appears in a new data breach.

haveibeenpwned.com

'Action Fraud' has been replaced by 'Report Fraud'

Report Fraud

Call 0300 123 2040
reportfraud.police.uk

Have you been scammed or hacked after responding to a phishing email, text message, phone call, advert, social media post or website?

1. **Report all cyber crime and fraud: call 0300 123 2040 or visit reportfraud.police.uk**
2. **Follow these steps if:**

a. you shared bank details or if you've lost money: contact your bank immediately and other relevant organisations (e.g. DVLA, mobile phone service, utilities provider).

b. you shared a password or you've been hacked: change your passwords, check your email account for forwarding rules, turn on 2SV/2FA and contact your account provider.

c. your device is infected: run Anti Virus software, perform a factory reset and restore from back up.

Guidance on recovering from fraud and protecting yourself from further cyber crime. Search for:

- 'Recovery Actions - Stop! Think Fraud'
- 'Respond to an online scam or cyber attack - NCSC'

Are you a Business, Charity or Organisation under a cyber attack? Call 0300 123 2040 immediately.

STOP SCAMS UK

Stop.
Hang up.
Call 159.

- Think a caller may be pretending to be your bank? **Hang up and call 159.**

stopscamsuk.org.uk

Trading Standards +

citizens advice

Trading Standards at Citizens Advice:

- If you think a business or tradesperson has broken the law or acted unlawfully.
- Need help in finding a trusted trader?

0808 223 1133 - citizensadvice.org.uk

Herts Connected

HERTFORDSHIRE CONSTABULARY

Sign up to receive Herts Police's crime updates and event info in your area, as well as crime prevention advice: hertsconnected.co.uk

- Product reviews, consumer rights, campaigns, and more.
- Sign up to the free Which? Scam Alerts newsletter: **which.co.uk**

- Hertfordshire's Victim Care Centre supporting victims of all crime: **hertfordshirebeacon.org**

- Opt-out from receiving unsolicited sales and marketing contact. Register with Telephone Preference Service (TPS), Mailing Preference Service (MPS), Baby Mailing Preference Service (BMPS) and the Fundraising Preference Service (FPS): **tpsonline.org.uk** / **bmpsonline.org.uk** / **mpsonline.org.uk** / **fundraisingregulator.org.uk**

- Have your personal details been stolen or leaked? Noticed any unusual account activity? You may be at risk of becoming a victim of identity fraud.
- Protective Registration reduces the risk of you becoming a victim of identity fraud.

cifas.org.uk/individuals

HM Land Registry

- Sign up to the free Property Alert service to help protect your property from fraud.

gov.uk/guidance/property-alert

The Electoral Register & the 'Open Register'

- The Open Register is available to anyone who wants to buy a copy of the list.
- You can opt out of the Open Register. Opting out does **not** affect your right to vote: **gov.uk/electoral-register/opt-out-of-the-open-register**

- Your contact details may appear in online directories and databases, even if your phone number is ex-directory. 192.com, Yell.com and ukphonebook.com are just a few places where people may be able to search for you.

- The **'FCA Firm Checker':** Find out if a firm or individual is authorised by or registered with the FCA to provide services it's offering you.
- Advice and resources on how to avoid common financial scams including loan fee fraud, investment and pension scams.

fca.org.uk



For brochures, leaflets and dates of library events on fraud and cyber crime awareness: herts.police.uk/cyber-fraud